



DISCOVER SOMETHING NEW AT

## CAMP JACKSON

YMCA OF PUEBLO

**2023 Parent Information Packet** 



#### YMCA CAMP JACKSON IS OPERATED BY

YMCA of Pueblo 3200 E Spaulding Avenue Pueblo, CO 81008

#### YMCA CAMP JACKSON LOCATION

PO Box #27 Rye, CO 81069 9126 HWY 165 Rye CO 81069







## **WELCOME!**

We are so excited that you chose YMCA Camp Jackson for your child's summer camp adventure. Our team understands how difficult it can be to send your child to camp and are determined to make it a positive experience for everyone involved. We aim to create a welcoming and engaging environment to help your camper learn and grow in a beautiful outdoor setting.

We cannot wait to help your camper have a summer they will never forget! I look forward to singing camp songs and laughing soon enough.

Kristina Schneible

Kristina Schneible

Camp Jackson Director

YMCA of Pueblo

#### **HOW TO CONTACT CAMP JACKSON:**

Address: YMCA Camp Jackson 9126 Hwy 165 Rye, CO 81069



## **Directions to Camp Jackson:**

Follow Interstate 25 to Highway 165 at exit 74 (Colorado City and Rye). Exit to the West and follow Highway 165 through Rye. About 5 miles past Rye, on the left-hand side of the road, will be our front gate. Turn left on to the YMCA Camp Jackson property and stay to the right as you pass through the gate. In a ¼ mile, you will be in our parking lot. Please stop at the dining hall for camper safety.

## **Camp Jackson Mission:**

At Camp Jackson, our goals are centered around helping each camper learn to lead a healthier and more active lifestyle, learn about social responsibility through environmental stewardship, community living and working with one another in a group setting, develop and learn new skills to help improve their sense of self-worth and confidence while developing new friendships that will last a lifetime.

#### Goals

To teach campers how to live a healthy and active lifestyle through proper nutrition and activity levels.

- Objective: Each camper will have 3 healthy meals a day and snacks offered to model healthy eating habits.
- Objective: Each camper will spend the day participating in activities that help them be more active including, but not limited to: hiking, running (games), climbing, and overall health and safety.

**Outcome:** Campers will leave Camp Jackson with a better understanding of how to live a healthy long term lifestyle.

#### Goal:

To create intentional programming that teaches campers resilience, determination, and character. To improve leadership skills in every camper, CIT, and staff member at Camp Jackson.

- Objective: Each child will leave camp having the opportunity to practice failing at something the first time.
- Objective: Efforts are made for each camper to step out of our comfort zone and try something new.

**Outcome:** Campers will gain confidence in trying difficult things even after failing.

#### Goal:

Draw on the four core values to create an inclusive and welcoming environment FOR ALL.

- Objective: All campers will feel welcomed and included at Camp Jackson.
- Objective: Staff and campers will feel connected to at least one other staff or camper by the end of the week.

**Outcome:** Campers will have a safe environment where they feel connected, safe and welcomed. They

## **Camp Jackson Staff:**

Quality care for your children is the highest priority to us. All of our staff members go through CPR/First Aid training, background checks, as well as an intensive interview process. We are able to provide a ratio of 1:7 to ensure each child is getting the attention that they deserve. All staff go through a two-week training with focuses such as; child abuse prevention, diversity, emotional support, peer mediation, and risk management. We want to make sure our staff is well prepared for whatever the summer might throw at them!

## **Special Health Practices:**

Please contact the Camp Jackson Director in advance so we can make reasonable accommodations for campers that require special medical or health attention.

## **Health Screening:**

During arrival at camp, each child will undergo a health screening. This will include a lice check, temperature check, and communicable diseases check. A child may be asked to change sessions if they show signs of illness. Your child's health is our highest priority, so honesty is important for health history forms and medications. Campers are welcomed back to camp with a note from a physician.

## **Check-In and Check-Out Dates:**

ARRIVAL TIMES

#### **Sunday Check In:**

Last name arrival times

A-F: 1:00pm-1:30pm
G-L: 1:30pm-2:00pm
M-R: 2:00pm-2:30pm

• **S-Z:** 2:30pm-3:00pm

Please arrive during your specified time in order to reduce traffic congestion. When you arrive please park between the cones in front of the dining hall. You will bring your campers items to check in at Rood Lodge Porch. Further instructions will be provided upon arrival at Rood Lodge.

#### **DEPARTURE TIMES**

#### **Friday Check Out:**

Check out will begin based on your camper's LAST NAME:

• **A-F:** 2:00pm-2:30pm

• G-L: 2:30pm-3:00pm

• M-R: 3:00pm-3:30pm

• **S-Z:** 3:30pm-4:00pm

Please arrive during your specified time in order to reduce traffic congestion. When you arrive please park between the cones in front of the dining hall. Staff will be at the front of the dining hall to check your ID and bring you to your camper.

\*PLEASE BE SURE TO HAVE PHOTO ID READY )

IN CASE OF EMERGENCY, OR CHANGES THAT WOULD AFFECT YOUR CAMPERS PICKUP AND DROP OFF TIME OR LOCATION, YOU WILL BE CONTACTED VIA EMAIL.

#### **Bus Rider Check In/Check Out**

ARRIVAL TIMES

Sunday Check In: If you paid and registered for your child to receive transportation services to and from camp, the bus will depart the YMCA of Pueblo at 2:00pm. It is suggested that you arrive at the Pueblo YMCA from 1:30pm-1:45pm to get checked in. The bus will be located at the **first tee building**, located just right of the main YMCA building.

DEPARTURE TIMES

**Friday Check Out:** The bus will depart from Camp Jackson at 2:00 p.m. and arrive at the YMCA of Pueblo first tee building at 3:00pm. Please be prompt in picking up your child from the bus.

\*PLEASE BE SURE TO HAVE PHOTO ID READY.

\*PLEASE MAKE SURE YOUR CAMPERS KNOW THE BUS SAFETY RULES ON THE NEXT PAGE BEFORE ARRIVAL

#### Please make sure your campers know the bus safety rules below before arrival:

- 1. Passengers should remain seated at all times with hands and arms inside the vehicle.
- 2. Seatbelts should be fastened one person per seatbelt.
- 3. Noise level should be such as to not distract the driver. There should be no throwing of objects or other disruptive behavior. There should be nothing blocking the exit.
- 4. Passengers should enter and leave the vehicle under the direction of a staff member and/or driver. If the vehicle makes an emergency stop, passengers should follow directions of staff member and/or driver and use a buddy system if leaving the vehicle.
- 5. Any campers in wheelchairs are locked into position and secured as applicable.

## IN CASE OF EMERGENCY, OR CHANGES THAT WOULD AFFECT YOUR CAMPERS PICK UP AND DROP OFF TIME OR LOCATION, YOU WILL BE CONTACTED VIA EMAIL.

## **Authorized Pickup:**

\*\*On your Camp InTouch account, an authorized pick up form will be required to fill out. Only authorized persons will be able to pick up campers. Authorized persons must show a photo ID at the time of pick-up. Campers will not be released to anyone without photo ID.

\*If you need accommodations for drop off/pick up, please contact the camp director one week prior to your camp session.

## **Cancellation Policy:**

Please note: The \$100 deposit per session is non-refundable.

#### **CANCELLATIONS** prior to May 15, 2023

• Will result in a refund of payments. The \$100 deposit is non-refundable.

#### **CANCELLATIONS AFTER MAY 15, 2023**

- All payments will be forfeited or may be held over as vouchers for one year. (If you choose to reschedule for 2024, a \$20 change fee will apply)
- If cancellation is necessary due to illness, a refund will be issued; except for the \$100 non-refundable deposit. A doctor's note stating the child is unable to attend Camp Jackson is required.

#### MID-SESSION CANCELLATION

- Campers who must leave for medical reasons or family emergencies may request a pro-rated refund.
- No refunds will be given to campers choosing to attend late, depart early, or those sent home for behavioral or away from home adjustment challenges.

#### **CANCELLATIONS BY CAMP JACKSON DUE TO COVID-19**

- Will result in a FULL refund of ALL payments
- Families can choose to donate their paid tuition, or use it as a credit toward future Camp Jackson programs

## **Forms and Documents:**

Please fill out all the forms and documents in your Camp InTouch account two weeks prior to your camp session. Failure to do so may result in your child not being able to attend camp. You can find Forms and Documents by logging in to your Camp InTouch account and click the "Forms & Documents" tab.

## **Communication with Campers:**

In order for campers to experience independence at camp, we ask that parents do not call or visit during their child's camp session. Please speak with the camp director directly if you need to contact your camper in case of emergency. We will contact you by phone or email in case of illness or emergency, behavioral problems that cannot be handled by staff, dangerous camper involvement, or extreme homesickness.

## **Camp Store:**

Campers will be able to purchase Camp Jackson gear one time during the week. You can deposit money into your campers account and view their balances by logging into your Camp InTouch account and clicking on "View accounts (Camp store)" tab. This summer, the camp store will be selling items such as sweatshirts and hats in addition to smaller items such as stickers. On average, \$20-\$50 is sufficient for camper funds. T-shirts typically cost \$15-\$20. Campers will be able to purchase popsicles and minimal snacks for \$2-\$5.

Refunds will only be processed for amounts over \$10 left in the account. The remainder can be spent at the camp store or donated to camp in order to fund camper scholarships. Refunds will not be available during checkout, but will be available by request up to two weeks after your child's departure from camp.

## Lost and found:

We encourage all parents to check the lost and found before they leave. Please label all of your campers' belongings with camper initials or names in permanent markers. Lost and found items will be held for two weeks, so please call immediately if you are missing an item. \*We are in the great outdoors, so please do not send your child to camp with valuable items. Camp Jackson is not responsible for lost or stolen items.

## **Billing and Payment:**

A non-refundable deposit of \$100 is required at the time of registration to secure a spot in the camper's desired session. The balance can be paid in full or in monthly installments. Camp payments must be paid in full two weeks before their camp session. Balances not paid by the deadline risk cancellation of the reserved sessions. If you have any questions, please email or call.

### **Medications:**

All medications (including over the counter medications) must be turned in to the Camp Health Manager during check in. **Please have medications in hand at the time of check-in.** Medications will be distributed during mealtimes and bedtime. It is encouraged to only send the amount of medication for the campers stay.

#### **PLEASE:**

- Keep medication in its original container labeled with the child's name and address; as well as the phone
  number of the pharmacy with the practitioner's name. \*\*We cannot distribute medication that is not in
  the original container and we can only give medication in the dosage and manner prescribed. Please
  bring a signed doctor letter stating the new dosage if the prescription is no longer correct.\*\*
- All state required forms for prescription and over the counter medications need to be completed with a parent/guardian and physician signature. They need to be uploaded 2 weeks prior to your camp session
- Current and correct dosage is listed
- Medication is listed on the child's "Physical Exam Form"
- Medication is from a licensed pharmacy
- Medication is not expired

## **Emergency Medication:**

With written request from the parent and a signed emergency care plan from the prescribing physician, emergency medication may be kept with the child. Otherwise, it will be kept at the camp health center. Misuse or misplacement of the medication will be cause for medication to be kept at the camp health center.

#### Insurance:

It is highly encouraged for parents to have insurance for their children at camp. Parents are responsible for any charges incurred for outside medical care. Short term or student insurance can be purchased through any independent insurance agent. If you are in financial need, you can contact CHP plus [Colorado Health Plan] at (800) 359–1991, or the Department of Human Services and inquire about Medicaid at (303) 866–5700. Your school system can typically help obtain insurance as well.

## **Camper Mail:**

Camper mail can be dropped off at check in. Please label all mail with the camper's name, and the day that you want it to be delivered. We will distribute mail daily. USPS mail is also encouraged, although it is typically suggested that parents mail letters two to three days before their session to ensure it is received in time. Writing letters home is also encouraged. It is a good idea to send campers with pre-addressed and pre-stamped letters.

Please address mail for campers to: Camper's Name YMCA Camp Jackson 9126 Hwy 165 Rye, CO 81069

### **Inclement Weather:**

YMCA Camp Jackson reserves the right to change activities due to inclement weather or unusual circumstances.

## **Dietary Restrictions:**

Camp Jackson is well equipped to provide for a variety of dietary restrictions. At check in, parents will get the opportunity to talk with the camp chef and discuss dietary restrictions. We will accommodate most reasonable restrictions.

## Closed Campus:

For security reasons, Camp Jackson keeps its gates closed for outside visitors. Please call if you need to come by camp so we can open the door and plan accordingly.

## **Behavior Management:**

Our staff members go through extensive training on behavior management. We urge staff to use methods that emphasize positive reinforcement, redirection and behavioral adjustment. On the rare occasion that staff are not able to redirect or assist a camper who is struggling to behave at camp, we will work with parents to do everything we can to keep campers on site. If that method is still not working, parents will be asked to pick their camper up. If any other staff member or camper's physical or emotional well-being is jeopardized, the parents or guardians will be asked to pick up their camper. Please note that we want to keep children at camp and sending a child home will be our last resort.

## **Nature of Activities:**

YMCA Camp Jackson has inherent risks that campers participate in. Activities include: Challenge course, low ropes course, archery, axe throwing, slingshots, canoeing, horseback riding, overnight camping, hiking, and high intensity games.

- \* Adventure Camp/Jr. also participates in white water rafting (off-site through a licensed provider), rock climbing, and rappelling.
- \*Horsemasters/Jr. Spend their mornings riding, caring for, and working with horses.

# YMCA CAMP JACKSON PACKING CHECKLIST

## WHAT TO BRING

- (2) Water bottles
- Raincoat/Poncho
- Sleeping bag
- Pillow
- Pajamas
- Underwear
- Socks
- 1-2 long pants
   (Long pants are required for those signed up for a trail ride)
- 3-4 pairs of shoes
- 1-2 long sleeved shirts
- 4-6 short sleeved shirts
- Light jacket or heavy sweater
- 1 towel and 1 washcloth for showering

- Sunscreen SPF 30 or above (Label with child's first & last name)
- Hat with visor
- 1 pair of closed toed shoes
   (This is the only type of shoes allowed at camp.

   Exception for boating and showering only)
- Soap and shampoo
- Comb/brush
- Toothbrush and toothpaste
- Menstrual hygiene products (When necessary)
- Non-Aerosol mosquito repellent
- Flashlight/batteries
- Small backpack
- Pre-addressed and pre-stamped cards for writing home

## WHAT NOT TO BRING

- **ELECTRONICS/PERSONAL EQUIPMENT:** Please do not send phones, or any electronics to camp. Not only are they at risk of being lost, stolen, or damaged, it is also a part of the camp experience to be without technology. If phones are out at camp, we will ask them to be put away.

  If phones are out again, they will be confiscated until the end of their session.
- **FOOD OR CANDY:** We will have ample food and snacks available for the kids throughout the day. Food attracts unwanted critters. Please leave food at home.
- MONEY: You can load money onto your child's account through Camp InTouch. There is no other need for money at camp and will likely get lost.
- DRUGS, ALCOHOL, KNIVES, LIGHTERS, MATCHES, OR WEAPONS OF ANY KIND: Although it might seem obvious, these are prohibited for campers to have on Camp Jackson property.

<sup>\*</sup> Camp Jackson reserves the right to search and seize when any illegal substances or weapons are suspected.

<sup>\*\*</sup>Campers will be going on an overnight pack out trip. Please pack accordingly for cold weather overnight. Camp Jackson is in a rustic environment. Please only send belongings that you are okay with getting dirty, broken, ripped, etc..