

# GYMNASIUM

M A R C H 2 0 2 6



	MON	TUES	WED	THUR	FRI	SAT	SUN
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**North Court**

5am-9am Open Gym	5am-12pm Open Gym	5am-9am Open Gym	5am-12pm Open Gym	5am-12pm Open Gym	5am-9:30am Open Gym	7am-4pm Open Gym	12pm-4pm Open Gym
	12pm-1pm Intermediate Pickleball		12pm-1pm Intermediate Pickleball				
9:30am-12:30pm Pickleball		9:30am-12:30pm Pickleball		1pm-3pm Pickleball		10am-2pm Pickleball	
	1pm-3pm Pickleball			3pm-4:45pm Open Gym			
12:30pm-8:45pm Open Gym <small>Youth Sports 3/23</small>	3pm-8:45pm Open Gym <small>Youth Sports 3/24</small>	12pm-8:45pm Open Gym <small>Youth Sports 3/25</small>		5pm-9pm Adult Volleyball <small>Youth Sports 3/26</small>	2pm-8:45pm Open Gym <small>Youth Sports 3/27</small>		

**South Court**

5am-8:30am Open Gym	5am-9:30am Open Gym	5am-9:30am Open Gym	5am-8:30am Open Gym	5am-9am Open Gym	7am-4pm Open Gym	12pm-4pm Open Gym
9am-10am SilverSneakers Circuit			9am-10am SilverSneakers Classic		9am-9:30am HIIT CORE	
10am-11am SilverSneakers Classic	10am-11am SilverSneakers Classic	10am-11am Silver Soul	10am-11am Zumba Gold		10am-11am Kids Flex <small>Ages 5-12</small>	
11:15am-8:45pm Open Gym <small>Youth Sports 3/23</small>	11:15am-8:45pm Open Gym <small>Youth Sports 3/24</small>	11:15am-8:45pm Open Gym <small>Youth Sports 3/25</small>	11:15am-4:45pm Open Gym	5pm-9pm Adult Volleyball <small>Youth Sports 3/26</small>	11am-7:45pm Open Gym <small>Youth Sports 3/27</small>	

**Please Note:** Schedule is subject to change. Youth Sports practices begin the week of March 23, 2026 and will replace select Open Gym times.