

GYMNASIUM

J A N U A R Y 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
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5am-9am Open Gym	5am-1pm Open Gym	5am-9am Open Gym	5am-1pm Open Gym	5am-9:25am Open Gym	7am-4pm Youth Sports	12pm-4pm Youth Sports
9:30am-12:30pm Pickleball	1pm-3pm Pickleball	9:30am-12:30pm Pickleball	1pm-3pm Pickleball	10am-2pm Pickleball	CLOSED	CLOSED
12pm-8:45pm Open Gym	3pm-4:30pm Open Gym	12pm-4:30pm Open Gym	3pm-4:30pm Open Gym	2pm-3pm Open Gym		
4:30pm-8pm Youth Sports	4:30pm-8pm Youth Sports	4:30pm-8pm Youth Sports	4:30pm-8pm Youth Sports	3pm-8pm Youth Sports		
8pm-9pm Open Gym	8pm-9pm Open Gym	8pm-9pm Open Gym	8pm-9pm Open Gym			

5am-9am Open Gym	5am-9:30am Open Gym	5am-9:30am Open Gym	5am-9am Open Gym	5am-9am Open Gym	7am-4pm Youth Sports	12pm-4pm Youth Sports
9am-10am SilverSneakers Circuit	10am-11am SilverSneakers Classic	10am-11am Silver Soul	9am-10am SilverSneakers Classic	9am-9:30am HIIT CORE	CLOSED	CLOSED
10am-11am SilverSneakers Classic	11:15am-4:30pm Open Gym	11:15am-4:30pm Open Gym	10am-11am Zumba Gold	10am-4pm Open Gym		
11:15am-4:30pm Open Gym	4:30pm-8pm Youth Sports	4:30pm-8pm Youth Sports	11:15am-4:30pm Open Gym	4pm-8pm Youth Sports		
4:30pm-8pm Youth Sports	8pm-9pm Open Gym	8pm-9pm Open Gym	4:30pm-8pm Youth Sports	8pm-9pm Open Gym		

OPEN GYM 8PM-9PM