

# MAIN POOL

M A Y 2 0 2 5



## MON TUES WED THUR FRI SAT SUN

**7am-11:45am**  
**Open Swim**  
 Lap Lanes Open  
 Pirate Ship Closed  
 Safety break @ 8:45am  
**12pm-1pm**  
 Pirate Ship Open  
 Lap Lanes Closed

**1pm-4:30pm**  
**MAINTENANCE**

**4:30pm-5:45pm**  
**Open Swim**  
 Pirate Ship Open  
 Lap Lanes Closed  
**6pm-7pm**  
**Water Fitness**  
 Participants only  
**7pm-8pm**  
**Open Swim**  
 Lap Lanes Open  
 Pirate Ship Closed

**7am-8:45am**  
**Open Swim**  
 Lap Lanes Open  
 Pirate Ship Closed  
**8am-10am**  
**Water Fitness**  
 1st class: 8am-8:45am  
 2nd class: 9am-10am

**10am-12pm**  
**Open Swim**  
 Pirate Ship Closed  
 Lap Lanes Open  
 Safety break @ 11:45am  
**12pm-1pm**  
**Open Swim**  
 Pirate Ship Open  
 Lap Lanes Closed

**1pm-4:30pm**  
**MAINTENANCE**

**4:30pm-5:45pm**  
**Open Swim**  
 Pirate Ship Open  
 Lap Lanes Closed  
**6pm-7pm**  
**Swim Lessons**  
 CLOSED  
**7:05pm-8pm**  
**Open Swim**

**7am-11:45am**  
**Open Swim**  
 Lap Lanes Open  
 Pirate Ship Closed  
 Safety break @ 8:45am  
**12pm-1pm**  
 Pirate Ship Open  
 Lap Lanes Closed

**1pm-4:30pm**  
**MAINTENANCE**

**4:30pm-5:45pm**  
**Open Swim**  
 Pirate Ship Open  
 Lap Lanes Closed  
**6pm-7pm**  
**POWERSwim**  
 Participants only  
 Lap Lanes Area  
**6pm-8pm**  
**Open Swim**  
 Lap Lanes Closed during  
 POWERSwim  
 Pirate Ship Closed

**7am-8:45am**  
**Open Swim**  
 Lap Lanes Open  
 Pirate Ship Closed  
**8am-10am**  
**Water Fitness**  
 1st class: 8am-8:45am  
 2nd class: 9am-10am

**10am-12pm**  
**Open Swim**  
 Pirate Ship Closed  
 Lap Lanes Open  
 Safety break @ 11:45am

**12pm-1pm**  
**Open Swim**  
 Pirate Ship Open  
 Lap Lanes Closed

**1pm-4:30pm**  
**MAINTENANCE**

**4:30pm-5:45pm**  
**Open Swim**  
 Pirate Ship Open  
 Lap Lanes Closed  
**6pm-7pm**  
**Swim Lessons**  
 CLOSED  
**7:05pm-8pm**  
**Open Swim**

**7am-7:45am**  
**Open Swim**  
 Lap Lanes Open  
 Pirate Ship Closed  
**8am-8:45am**  
**Water Fitness**  
 Participants only  
**9am-10am**  
**Swim Lessons**  
 Participants //  
 Limited Features  
**10am-4:45pm**  
**Open Swim**  
 Pirate Ship 10am-1pm  
 All Features 1pm-4:45pm  
 Safety breaks @  
 11:45am, 1:45pm & 3:45pm

**5pm-5:45pm**  
**Swim Lessons**  
 Participants //  
 Limited Features  
**6pm-8pm**  
**Open Swim**  
 Pirate Ship Open

**8am-8:45am**  
**Open Swim**  
 Lap Lanes Open  
**9am-10:20am**  
**Open Swim**  
 Lap Lanes Open  
**10:20am-11am**  
**Swim Lessons**  
 CLOSED  
**11am-3:30pm**  
**Open Swim**  
 All Features //  
 No Lap Lanes  
 Safety breaks @  
 11:45am & 1:45pm

**12pm-3:30pm**  
**Open Swim**  
 All Features //  
 No Lap Lanes  
 Safety break @ 1:45pm

**Pool Cleaning**  
 The Main Pool will be closed  
 Wednesday, May 21 and reopen  
 Tuesday, May 27

**Safety Breaks**  
 \*Scheduled 15-min safety breaks will occur  
**8:45am**      **3:45pm**  
**11:45am**     **5:45pm**  
**1:45pm**

**Pool GroupEx**

Mondays -	Water Fitness @ 6pm	with Monika [Main Pool]
Tues/Thurs -	Water Fitness @ 8am & 9am	with Bobbi [Main Pool]
Wednesdays -	Aqua Tone @ 11am	with Janique [Therapy Pool]
	PowerSwim @ 6pm	with Josh [Lap Lanes]
	Aqua Zumba @ 6pm	with Janessa [Therapy Pool]
Fridays -	Water Fitness @ 8am	with Janique [Main Pool]

# THE THERAPY POOL

M A Y 2 0 2 5



**MON**

**TUES**

**WED**

**THUR**

**FRI**

**SAT**

**SUN**

**7am-1pm  
Adult Swim**

Safety breaks @ 8:45am  
& 11:45am

**1pm-2:30pm**

**Parkview Medical  
Rehabilitation**

CLOSED

**2:30pm-4:30pm  
MAINTENANCE**

**4:30pm-8pm  
Adult Swim**

Safety break @ 5:45pm

**7am-9:45am  
Adult Swim**

Safety break @ 8:45am

**9:45am-11:15am**

**Parkview Medical  
Rehabilitation**

CLOSED

**11:15am-1pm**

**Adult Swim**

Safety break @ 11:45am

**1pm-4:30pm  
MAINTENANCE**

**4:30pm-5:45pm  
Swim Lessons**

CLOSED

**6pm-8pm**

**Adult Swim**

**7am-10:45am  
Adult Swim**

Safety break @ 8:45am

**11am-11:45am**

**Aqua Tone**

PARTICIPANTS ONLY

**12:00pm-1pm**

**Adult Swim**

**1pm-2:30pm**

**Parkview Medical  
Rehabilitation**

CLOSED

**2:30pm-4:30pm  
MAINTENANCE**

**4:30pm-5:45pm**

**Adult Swim**

**6pm-7pm**

**Aqua Zumba**

PARTICIPANTS ONLY

**7:05pm-8pm**

**Adult Swim**

**7am-9:45am  
Adult Swim**

Safety break @ 8:45am

**9:45am-11:15am**

**Parkview Medical  
Rehabilitation**

CLOSED

**11:15am-1pm**

**Adult Swim**

Safety break @ 11:45am

**1pm-4:30pm  
MAINTENANCE**

**4:30pm-5:45pm**

**Swim Lessons**

CLOSED

**6pm-8pm**

**Adult Swim**

**7am-8pm  
Adult Swim**

Safety breaks @ 8:45am,  
11:45am, 1:45pm, 3:45pm,  
5:45pm

**5pm-8pm**

**Toddlers**

**Welcome**

AGES 5 & UNDER W/  
A GUARDIAN

Safety break @ 5:45pm

**8am-8:45am  
Adult Swim**

**9am-10:10am**

**Swim Lessons**

CLOSED

**10:15am-3:30pm**

**Adult Swim**

Safety breaks @ 11:45am  
& 1:45pm

**12pm-3:30pm  
Adult Swim**

Safety break @ 1:45pm

**Pool Cleaning**

The Therapy Pool will be closed  
Saturday, May 17 and reopen  
Tuesday, May 20

## Safety Breaks

\*Scheduled 15-min safety breaks will occur daily.

**8:45am  
11:45am  
1:45pm**

**3:45pm  
5:45pm**