



# MAIN POOL SCHEDULE

\*Scheduled 15-min safety breaks will occur periodically throughout each day.



# FEB 2024

MON	TUES	WED	THUR	FRI	SAT	SUN
<b>7am-11:30am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed	<b>7am-8:30am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed	<b>7am-11:30am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed	<b>7am-8:30am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed	<b>7am-8am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed <b>8am-9am</b> <b>Swim Lessons</b> Participants Only, Lap Lanes pending guards	<b>8am-10:20am</b> <b>Open Swim</b> Lap Lanes Open	<b>12pm-3:30pm</b> <b>Open Swim</b> All Features // No Lap Lanes
<b>11:30am-1:30pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed	<b>8:30am-10:30am</b> <b>Water Fitness</b> 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am <b>10:30am-11:30am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed <b>11:30am-1:30pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed	<b>11:30am-1:30pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed	<b>8:30am-10:30am</b> <b>Water Fitness</b> 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am <b>10:30am-11:30am</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed <b>11:30am-1:30pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed	<b>8:30am-9:30am</b> <b>Water Fitness</b> Participants Only, Swim Lessons end @ 9am <b>9:30am-4:45pm</b> <b>Open Swim</b> Pirate Ship 9:30am-1pm All Features 1pm-4:45pm	<b>10:20am-11am</b> <b>Swim Lessons</b> Participants Only	<b>11am-4:30pm</b> <b>Open Swim</b> All Features // No Lap Lanes
<b>1:30pm-4:30pm</b> <b>MAINTENANCE</b>	<b>1:30pm-4:30pm</b> <b>MAINTENANCE</b>	<b>1:30pm-4:30pm</b> <b>MAINTENANCE</b>	<b>1:30pm-4:30pm</b> <b>MAINTENANCE</b>	<b>1:30pm-4:30pm</b> <b>MAINTENANCE</b>		
<b>4:30pm-6:30pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed	<b>4:30pm-5:45pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed <b>5:50pm-7pm</b> <b>Swim Lessons</b> Participants Only <b>7pm-7:30pm</b> <b>Open Swim</b>	<b>4:30pm-7:30pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed <b>5:30pm-6:30pm</b> <b>PowerSwim</b> Participants [Lap Lanes] Open Swim Available <b>6:30pm-7:30pm</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed	<b>4:30pm-5:45pm</b> <b>Open Swim</b> Pirate Ship Open Lap Lanes Closed <b>5:50pm-7pm</b> <b>Swim Lessons</b> Participants Only <b>7pm-7:30pm</b> <b>Open Swim</b>	<b>5pm-6pm</b> <b>Swim Lessons</b> Participants // Limited Features <b>6pm-7:30pm</b> <b>Open Swim</b> Pirate Ship Open		
<b>6:30pm-7:30pm</b> <b>Open Swim</b> Lap Lanes Open Pirate Ship Closed						

**Please note:** Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.

## Pool GroupEx

Tue/Thu - Water Fitness @  
 8:30am-9:30am & 9:30am-10:30am  
 with Bobbi [Main Pool]

Wednesdays - Aqua Tone @ 11am  
 with Janique [Therapy Pool]

PowerSwim @ 5:30pm  
 with Josh [Lap Lanes]

Aqua Zumba @ 6pm  
 with Janessa [Therapy Pool]

Fridays - Water Fitness @ 8:30am  
 with Janique [Main Pool]



# THERAPY POOL

## SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-11am Adult Swim	7am-9:30am Adult Swim	7am-7:30pm Adult Swim	8am-9am Adult Swim	12pm-3:30pm Adult Swim
	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	11am-11:45am Aqua Tone PARTICIPANTS ONLY	9:45am-11:15am Parkview Medical Rehabilitation CLOSED		9am-10:10am Swim Lessons CLOSED	
	11:15am-1:30pm Adult Swim	11:50am-12:50pm Adult Swim	11:15am-1:30pm Adult Swim		10:10am-4:30pm Adult Swim	
1pm-2:30pm Parkview Medical Rehabilitation CLOSED	<b>1:30pm-4:30pm MAINTENANCE</b>	1pm-2:30pm Parkview Medical Rehabilitation CLOSED	<b>1:30pm-4:30pm MAINTENANCE</b>			
<b>2:30pm-4:30pm CLOSED</b>	4:30pm-5:45pm Swim Lessons CLOSED	<b>2:30pm-4:30pm CLOSED</b>				
4:30pm-7:30pm Adult Swim	6pm-7:30pm Adult Swim	4:30pm-5:55pm Adult Swim	4:30pm-5:45pm Swim Lessons CLOSED	5pm-7:30pm Toddlers Welcome AGES 5 & UNDER W/ A GUARDIAN		
		6pm-7pm Aqua Zumba PARTICIPANTS ONLY	6pm-7:30pm Adult Swim			
		7pm-7:30pm Adult Swim				



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