



MAIN POOL SCHEDULE

*Scheduled 15-min safety breaks will occur periodically throughout each day.

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8:25am Open Swim Lap Lanes Open Pirate Ship Closed	7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8:25am Open Swim Lap Lanes Open Pirate Ship Closed	7am-7:55am Open Swim Lap Lanes Open Pirate Ship Closed	8am-10:15am Open Swim Lap Lanes Open	CLOSED
12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	8:30am-10:30am Water Fitness 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	8:30am-10:30am Water Fitness 1st class: 8:30am-9:30am 2nd class: 9:30am-10:30am	8am-9am Swim Lessons CLOSED	10:20am-11am Swim Lessons CLOSED	
1pm-4:30pm MAINTENANCE	10:30am-12pm Open Swim Pirate Ship Closed Lap Lanes Open	1pm-4:30pm MAINTENANCE	10:30am-12pm Open Swim Pirate Ship Closed Lap Lanes Open	8:30am-9:30am Water Fitness Participants Only, Swim Lessons end @ 9am	11am-3:30pm Open Swim All Features // No Lap Lanes	
4:30pm-5:25pm Open Swim Pirate Ship Open Lap Lanes Closed	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	4:30pm-5:55pm Open Swim Pirate Ship Open Lap Lanes Closed	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	9:30am-4:45pm Open Swim Pirate Ship 9:30am-1pm All Features 1pm-4:45pm		
6pm-7pm Water Fitness Participants only	1pm-4:30pm MAINTENANCE	6pm-7pm POWERSwim Participants only Lap Lanes Area	1pm-4:30pm MAINTENANCE	5pm-6pm Swim Lessons Participants // Limited Features		
7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed	7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed	6:05pm-8pm Open Swim Pirate Ship Open		
	5:50pm-7pm Swim Lessons CLOSED		5:50pm-7pm Swim Lessons CLOSED			
	7:05pm-8pm Open Swim		7:05pm-8pm Open Swim			



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Pool GroupEx

- Mondays - Water Fitness @ 6pm**
with Monika [Main Pool]
- Tue/Thu - Water Fitness @ 8:30am-9:30am & 9:30am-10:30am**
with Bobbi [Main Pool]
- Wednesdays - Aqua Tone @ 11am**
with Janique [Therapy Pool]
- PowerSwim @ 6pm**
with Josh [Lap Lanes]
- Aqua Zumba @ 6pm**
with Janessa [Therapy Pool]
- Fridays - Water Fitness @ 8:30am**
with Janique [Main Pool]

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.



THERAPY POOL

SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:45am Adult Swim	7am-10:45am Adult Swim	7am-9:45am Adult Swim	7am-8pm Adult Swim	8am-8:55am Adult Swim	CLOSED
1pm-2:30pm Parkview Medical Rehabilitation CLOSED	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	11am-11:45am Aqua Tone PARTICIPANTS ONLY	9:45am-11:15am Parkview Medical Rehabilitation CLOSED		9am-10:10am Swim Lessons CLOSED	
	11:15am-1pm Adult Swim	11:50am-1pm Adult Swim	11:15am-1pm Adult Swim		10:15am-3:30pm Adult Swim	
2:30pm-4:30pm MAINTENANCE	1pm-4:30pm MAINTENANCE	2:30pm-4:30pm MAINTENANCE	1pm-4:30pm MAINTENANCE			
	4:30pm-5:45pm Swim Lessons CLOSED	4:30pm-5:55pm Adult Swim	4:30pm-5:45pm Swim Lessons CLOSED			
4:30pm-8pm Adult Swim	5:50pm-8pm Adult Swim	6pm-7pm Aqua Zumba PARTICIPANTS ONLY	5:50pm-8pm Adult Swim	5pm-8pm Toddlers Welcome AGES 5 & UNDER W/ A GUARDIAN		
		7:05pm-8pm Adult Swim				



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