



MAIN POOL SCHEDULE



SEPT
2022

MON	TUES	WED	THUR	FRI	SAT
7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	8am-10:20am Open Swim Lap Lanes Open
	8:30am-9:30am Water Fitness Participants & Lap Swim Only		8:30am-9:30am Water Fitness Participants & Lap Swim Only	8:30am-9:30am Water Fitness Participants & Lap Swim Only	10:20am-11am Swim Lessons CLOSED
	9:30am-1pm Open Swim Pirate Ship Open		9:30am-1pm Open Swim Pirate Ship Open	9:30am-7:30pm Open Swim All Features // No Lap Lanes	11am-4:30pm Open Swim All Features // No Lap Lanes
4pm-5:30pm Open Swim	4pm-5:45pm Open Swim Pirate Ship Open	4pm-5:30pm Open Swim	4pm-5:45pm Open Swim Pirate Ship Open		
5:30pm-6:30pm Water Fitness Participants & Lap Lanes Only	5:50pm-7pm Swim Lessons CLOSED	5:30pm-6:30pm PowerSwim Participants Only [Lap Lanes] 5:30pm-6:30pm Water Fitness Participants Only [River Walking]	5:50pm-7pm Swim Lessons CLOSED		
6:30pm-7:30pm Open Swim	7pm-7:30pm Open Swim	6:30pm-7:30pm Open Swim	7pm-7:30pm Open Swim		

*Scheduled 15-min safety breaks will occur periodically throughout each day.

Pool GroupEx 

- Mon/Wed - Water Fitness @ 5:30pm with Christine [Main Pool]
- Wed - PowerSwim @ 5:30pm with Josh [Lap Lanes]
- Tue/Th - Water Fitness @ 8:30am with Bobbi [Main Pool]
- Fridays - Water Fitness @ 8:30am with Michele [Main Pool]

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.



THERAPY POOL

SCHEDULE

MON	TUES	WED	THUR	FRI	SAT
7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-7:30pm Adult Swim	8am-9am Adult Swim
	9:30am-11:15am Parkview Medical Rehabilitation CLOSED		9:30am-11:15am Parkview Medical Rehabilitation CLOSED		9am-10:10am Swim Lessons CLOSED
	11:15am-1pm Adult Swim		11:15am-1pm Adult Swim		10:10am-4:30pm Adult Swim
4pm-7:30pm Adult Swim	4pm-4:30pm Adult Swim	4pm-7:30pm Adult Swim	4pm-4:30pm Adult Swim		
	4:30pm-5:40pm Swim Lessons CLOSED		4:30pm-5:40pm Swim Lessons CLOSED		
	5:40pm-7:30pm Adult Swim		5:40pm-7:30pm Adult Swim		



SEPT
2022

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing.