

MAIN POOL

OCTOBER 2025



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed 6pm-7pm Water Aerobics Participants only 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons Closed 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons Closed 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed 8am-8:45am Water Aerobics Participants only 9am-10am Swim Lessons Limited Features 10:00am-4pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open 4pm-5pm Open Swim Pirate Ship Closed Lap Lanes Open 4:30pm-5:30pm Swim Lessons Limited Features 6pm-7:30pm Open Swim Lap Lanes Open Pirate Ship Closed	8am-10:20am Open Swim Lap Lanes Open Pirate Ship Closed 10:20am-11am Swim Lessons 11am-3:30pm Open Swim All Features // No Lap Lanes	12:00pm-3:30pm Open Swim All Features//No Lap Lanes

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am
11:45am
1:45pm
3:45pm
5:45pm

Pool GroupEx

Mondays - Water Aerobics @ 6pm with Monika [Main Pool]
Tues/Thurs - Water Aerobics @ 8am & 9am with Bobbi [Main Pool]
Wednesdays - Aqua Tone @ 11am with Janique [Therapy Pool]
 Aqua Zumba @ 6pm with Janessa [Therapy Pool]
Fridays - Water Aerobics @ 8am with Monika [Main Pool]

THERAPY POOL

OCTOBER 2025



MON	TUES	WED	THUR	FRI	SAT	SUN
<p>7am-1pm Adult Swim</p> <p>1pm-2:30pm Parkview Medical Rehabilitation CLOSED</p> <p>2:30pm-4:30pm MAINTENANCE</p> <p>4:30pm-8pm Adult Swim</p>	<p>7am-9:45am Adult Swim</p> <p>9:45am-11:15am Parkview Medical Rehabilitation CLOSED</p> <p>11:15am-1pm Adult Swim</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Swim Lessons CLOSED</p> <p>6pm-8pm Adult Swim</p>	<p>7am-10:45am Adult Swim</p> <p>11am-11:45am Aqua Tone PARTICIPANTS ONLY</p> <p>12:00pm-1pm Adult Swim</p> <p>1pm-2:30pm Parkview Medical Rehabilitation CLOSED</p> <p>2:30pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Adult Swim</p> <p>6pm-7pm Aqua Zumba PARTICIPANTS ONLY</p> <p>7:00pm-8pm Adult Swim</p>	<p>7am-9:45am Adult Swim</p> <p>9:45am-11:15am Parkview Medical Rehabilitation CLOSED</p> <p>11:15am-1pm Adult Swim</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Swim Lessons CLOSED</p> <p>6pm-8pm Adult Swim</p>	<p>7am-8pm Adult Swim</p> <p>5pm-7:30pm Youth Welcome AGES 8 & UNDER W/ A GUARDIAN</p>	<p>8am-8:45am Adult Swim</p> <p>9am-10:10am Swim Lessons CLOSED</p> <p>10:15am-3:30pm Adult Swim</p>	<p>12:00pm-3:30pm Adult Swim</p>

Safety Breaks

*Scheduled 15-min safety breaks will occur daily.

8:45am
11:45am
1:45pm

3:45pm
5:45pm