

MAIN POOL

MARCH 2026



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed 6pm-7pm Water Aerobics Participants only 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons Closed 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closes @ 7pm	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed 8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am 10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed 12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed 1pm-4:30pm MAINTENANCE 4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed 6pm-7pm Swim Lessons Closed 7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed 8am-8:45am Water Aerobics Participants only 9am-10am Swim Lessons Limited Features 10:00am-4:30pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open 4:30pm-5:30pm Swim Lessons Limited Features 6pm-7:30pm Open Swim Lap Lanes Open Pirate Ship Closed	8am-9:35am Open Swim Lap Lanes Open Pirate Ship Closed 9:40am-11am Swim Lessons 11am-3:30pm Open Swim All Features // No Lap Lanes	12:00pm-3:30pm Open Swim All Features//No Lap Lanes

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am **3:45pm**
11:45am **5:45pm**
1:45pm

Pool GroupEx

Mondays - Water Aerobics @ 6pm with Monika [Main Pool]

Tues/Thurs - Water Aerobics @ 8am & 9am with Bobbi [Main Pool]

Wednesdays - Aqua Tone @ 11am with Monika [Therapy Pool]
 *Aqua Zumba @ 6pm with Janessa [Therapy Pool]
 Water Aerobics @ 6pm with Mindy [Therapy Pool]

Fridays - Water Aerobics @ 8am with Monika [Main Pool]

*Aqua Zumba will only be held the first Wednesday of the month.

THE THERAPY POOL

M A R C H 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:45am Adult Swim	7am-10:45am Adult Swim	7am-9:45am Adult Swim	7am-8pm Adult Swim	8am-9:30am Swim Lessons CLOSED	12:00pm-3:30pm Adult Swim
1pm-2:30pm Parkview Medical Rehabilitation CLOSED	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	11am-11:45am Aqua Tone PARTICIPANTS ONLY	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	5pm-7:30pm Youth Welcome AGES 8 & UNDER W/ A GUARDIAN	9:35am-3:30pm Adult Swim	
2:30pm-4:30pm MAINTENANCE	11:15am-1pm Adult Swim	12:00pm-1pm Adult Swim	11:15am-1pm Adult Swim			
4:30pm-8pm Adult Swim	1pm-4:30pm MAINTENANCE	1pm-2:30pm Parkview Medical Rehabilitation CLOSED	1pm-4:30pm MAINTENANCE			
	4:30pm-5:45pm Swim Lessons CLOSED	2:30pm-4:30pm MAINTENANCE	4:30pm-5:45pm Swim Lessons CLOSED			
	6pm-8pm Adult Swim	4:30pm-5:45pm Adult Swim	6pm-8pm Adult Swim			
		6pm-7pm Aqua Zumba/Water Aerobics PARTICIPANTS ONLY				
		7:00pm-8pm Adult Swim				

Safety Breaks

*Scheduled 15-min safety breaks will occur daily.

8:45am	3:45pm
11:45am	5:45pm
1:45pm	