



MAIN POOL SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	8am-10:20am Open Swim Lap Lanes Open	12pm-3:30pm Open Swim All Features // No Lap Lanes
	8:30am-9:30am Water Fitness Participants, Lap Swim & Y Programming Only		8:30am-9:30am Water Fitness Participants, Lap Swim & Y Programming Only	8:30am-9:30am Water Fitness Participants, Lap Swim & Y Programming Only	10:20am-11am Swim Lessons CLOSED	
	9:30am-1pm Open Swim Pirate Ship Open		9:30am-1pm Open Swim Pirate Ship Open	9:30am-1pm Open Swim Pirate Ship Open	11am-4:30pm Open Swim All Features // No Lap Lanes	
POOLS CLOSED FOR CLEANING 1PM-4PM						
4pm-5:30pm Open Swim Lap Lanes CLOSED 4PM-4:30PM for Unified Swim Team use	4pm-5:45pm Open Swim Pirate Ship Open	4pm-5:30pm Open Swim	4pm-5:45pm Open Swim Pirate Ship Open	1pm-7:30pm Open Swim All Features // No Lap Lanes		
5:30pm-6:30pm Water Fitness Participants & Lap Lanes Only	5:50pm-7pm Swim Lessons CLOSED	5:30pm-6:30pm PowerSwim Participants Only [Lap Lanes]	5:50pm-7pm Swim Lessons CLOSED			
6:30pm-7:30pm Open Swim	7pm-7:30pm Open Swim	5:30pm-6:30pm Water Fitness Participants Only [River Walking]	6:30pm-7:30pm Open Swim	7pm-7:30pm Open Swim		

*Scheduled 15-min safety breaks will occur periodically throughout each day.

Pool GroupEx 

- Mon/Wed - Water Fitness @ 5:30pm with Christine [Main Pool]
- Wed - PowerSwim @ 5:30pm with Josh [Lap Lanes]
- Tue/Th - Water Fitness @ 8:30am with Bobbi [Main Pool]
- Fridays - Water Fitness @ 8:30am with Janique [Main Pool]



MAR
2023

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.



THERAPY POOL

SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-7:30pm Adult Swim	8am-9am Adult Swim	12pm-3:30pm Adult Swim
	9:30am-11:15am Parkview Medical Rehabilitation CLOSED		9:30am-11:15am Parkview Medical Rehabilitation CLOSED		9am-10:10am Swim Lessons CLOSED	
	11:15am-1pm Adult Swim		11:15am-1pm Adult Swim		10:10am-4:30pm Adult Swim	
POOLS CLOSED FOR CLEANING 1PM-4PM						
4pm-7:30pm Adult Swim	4pm-4:30pm Adult Swim	4pm-7:30pm Adult Swim	4pm-4:30pm Adult Swim			
	4:30pm-5:40pm Swim Lessons CLOSED		4:30pm-5:40pm Swim Lessons CLOSED			
	5:40pm-7:30pm Adult Swim		5:40pm-7:30pm Adult Swim			



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