

MAIN POOL

J A N U A R Y 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed	7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed	7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed	8am-10:20am Open Swim Lap Lanes Open Pirate Ship Closed	12:00pm-3:30pm Open Swim All Features//No Lap Lanes
12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am	8am-8:45am Water Aerobics Participants only	10:20am-11am Swim Lessons	
1pm-4:30pm MAINTENANCE	1pm-4:30pm MAINTENANCE	1pm-4:30pm MAINTENANCE	1pm-4:30pm MAINTENANCE	9am-10am Swim Lessons Limited Features	11am-3:30pm Open Swim All Features // No Lap Lanes	
4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed	4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed	4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closes @ 7pm	4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed	10:00am-4:30pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open		
6pm-7pm Water Aerobics Participants only	1pm-4:30pm MAINTENANCE		6pm-7pm Swim Lessons Closed	4:30pm-5:30pm Swim Lessons Limited Features		
7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed		7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	6pm-7:30pm Open Swim Lap Lanes Open Pirate Ship Closed		
	6pm-7pm Swim Lessons Closed					
	7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed					

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am 3:45pm
11:45am 5:45pm
1:45pm

Pool GroupEx

Mondays -	Water Aerobics @ 6pm	with Monika [Main Pool]
Tues/Thurs -	Water Aerobics @ 8am & 9am with Bobbi [Main Pool]	
Wednesdays -	Aqua Tone @ 11am	with Janique [Therapy Pool]
	Aqua Zumba @ 6pm	with Janessa [Therapy Pool]
Fridays -	Water Aerobics @ 8am	with Monika [Main Pool]

THE THERAPY POOL

JANUARY 2026



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:45am Adult Swim	7am-10:45am Adult Swim	7am-9:45am Adult Swim	7am-8pm Adult Swim	8am-8:45am Adult Swim	12:00pm-3:30pm Adult Swim
1pm-2:30pm Parkview Medical Rehabilitation CLOSED	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	11am-11:45am Aqua Tone PARTICIPANTS ONLY	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	5pm-7:30pm Youth Welcome AGES 8 & UNDER W/ A GUARDIAN	9am-10:10am Swim Lessons CLOSED	10:15am-3:30pm Adult Swim
2:30pm-4:30pm MAINTENANCE	11:15am-1pm Adult Swim	12:00pm-1pm Adult Swim	11:15am-1pm Adult Swim			
4:30pm-8pm Adult Swim	1pm-4:30pm MAINTENANCE	1pm-2:30pm Parkview Medical Rehabilitation CLOSED	1pm-4:30pm MAINTENANCE	4:30pm-5:45pm Swim Lessons CLOSED		
	4:30pm-5:45pm Swim Lessons CLOSED	2:30pm-4:30pm MAINTENANCE		6pm-8pm Adult Swim		
	6pm-8pm Adult Swim	4:30pm-5:45pm Adult Swim				
		6pm-7pm Aqua Zumba PARTICIPANTS ONLY				
		7:00pm-8pm Adult Swim				

Safety Breaks

*Scheduled 15-min safety breaks will occur daily.

**8:45am 3:45pm
11:45am 5:45pm
1:45pm**