



MAIN POOL SCHEDULE

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	8am-10:20am Open Swim Lap Lanes Open	12pm-3:30pm Open Swim All Features // No Lap Lanes
	8:30am-9:30am Water Fitness Participants & Lap Swim Only		8:30am-9:30am Water Fitness Participants & Lap Swim Only	8:30am-9:30am Water Fitness Participants & Lap Swim Only	10:20am-11am Swim Lessons CLOSED	
	9:30am-1pm Open Swim Pirate Ship Open		9:30am-1pm Open Swim Pirate Ship Open	9:30am-7:30pm Open Swim All Features // No Lap Lanes	11am-4:30pm Open Swim All Features // No Lap Lanes	
POOLS CLOSED FOR CLEANING 1PM-4PM						
4pm-5:30pm Open Swim	4pm-5:45pm Open Swim Pirate Ship Open	4pm-5:30pm Open Swim	4pm-5:45pm Open Swim Pirate Ship Open			
5:30pm-6:30pm Water Fitness Participants & Lap Lanes Only	5:50pm-7pm Swim Lessons CLOSED	5:30pm-6:30pm PowerSwim Participants Only [Lap Lanes] 5:30pm-6:30pm Water Fitness Participants Only [River Walking]	5:50pm-7pm Swim Lessons CLOSED			
6:30pm-7:30pm Open Swim	7pm-7:30pm Open Swim	6:30pm-7:30pm Open Swim	7pm-7:30pm Open Swim			

*Scheduled 15-min safety breaks will occur periodically throughout each day.

Pool GroupEx 

- Mon/Wed - Water Fitness @ 5:30pm with Christine [Main Pool]
- Wed - PowerSwim @ 5:30pm with Josh [Lap Lanes]
- Tue/Th - Water Fitness @ 8:30am with Bobbi [Main Pool]
- Fridays - Water Fitness @ 8:30am with Janique [Main Pool]



JAN
2023

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.



THERAPY POOL

SCHEDULE

MON

7am-1pm
Adult Swim

TUES

7am-9:30am
Adult Swim

9:30am-11:15am
Parkview Medical
Rehabilitation
CLOSED

11:15am-1pm
Adult Swim

WED

7am-1pm
Adult Swim

THUR

7am-9:30am
Adult Swim

9:30am-11:15am
Parkview Medical
Rehabilitation
CLOSED

11:15am-1pm
Adult Swim

FRI

7am-7:30pm
Adult Swim

SAT

8am-9am
Adult Swim

9am-10:10am
Swim Lessons
CLOSED

10:10am-4:30pm
Adult Swim

SUN

12pm-3:30pm
Adult Swim

POOLS CLOSED FOR CLEANING 1PM-4PM

4pm-7:30pm
Adult Swim

4pm-4:30pm
Adult Swim

4:30pm-5:40pm
Swim Lessons
CLOSED

5:40pm-7:30pm
Adult Swim

4pm-7:30pm
Adult Swim

4pm-4:30pm
Adult Swim

4:30pm-5:40pm
Swim Lessons
CLOSED

5:40pm-7:30pm
Adult Swim

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