



MAY 2023

Open Swim

Open Swim

MAIN POOL S C H E D U L E

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-1pm Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	7am-8:30am Open Swim Lap Lanes Open	8am-10:20am Open Swim Lap Lanes Open	12pm-3:30pm Open Swim All Features // No Lap Lanes
	8:30am-9:30am Water Fitness Participants, Lap Swim & Y Programming Only		8:30am-9:30am Water Fitness Participants, Lap Swim & Y Programming Only	8:30am-9:30am Water Fitness Participants, Lap Swim & Y Programming Only	10:20am-11am Swim Lessons	
	9:30am-1pm Open Swim Pirate Ship Open	CLEANING 1D	9:30am-1pm Open Swim Pirate Ship Open	9:30am-1pm Open Swim Pirate Ship Open 1pm-7:30pm	11am–4:30pm Open Swim All Features // No Lap Land	25
POOLS	LOSED FOR	CLEANING 1P	M - 4 P M	Open Swim		
4pm-5:30pm Open Swim Lap Lanes CLOSED 4PM-4:30PM for	4pm-5:45pm Open Swim Pirate Ship Open	4pm-5:30pm Open Swim 5:30pm-6:30pm	4pm-5:45pm Open Swim Pirate Ship Open	All Features // No Lap Lanes	breaks thr	eduled 15-min safety will occur periodically oughout each day.
Unified Swim Team use 5:30pm-6:30pm Water Fitness Participants & Lap Lanes Only	Swim Lessons CLOSED	PowerSwim Participants Only [Lap Lanes] 5:30pm-6:30pm Water Fitness articipants Only [River Walking]	5:50pm-7pm Swim Lessons CLOSED	Pool GroupEx Mon/Wed - Water Fitness @ 5:30pm with Christine [Main Pool] Wed - PowerSwim @ 5:30pm with Josh [Lap Lanes] Tue/Th - Water Fitness @ 8:30am		
6:30pm-7:30pm	7pm-7:30pm	6:30pm-7:30pm	7pm-7:30pm			[Main Pool]

Open Swim

Open Swim

Fridays - Water Fitness @ 8:30am

with Janique [Main Pool]





MAY

2023

THERAPY POOL S C H E D U L E

MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-1pm Adult Swim	7am-9:30am Adult Swim	7am-7:30pm Adult Swim	8am-9am Adult Swim	12pm-3:30pm Adult Swim
9:30am-11:15am Parkview Medical Rehabilitation CLOSED		9:30am-11:15am Parkview Medical Rehabilitation CLOSED	9am-10:10am Swim Lessons CLOSED			
	11:15am-1pm Adult Swim		11:15am-1pm Adult Swim		10:10am-4:30pm Adult Swim	

POOLS CLOSED FOR CLEANING 1PM-4PM

4pm-7:30pm Adult Swim 4pm-4:30pm Adult Swim

4pm-7:30pm Adult Swim 4pm-4:30pm Adult Swim

4:30pm-5:40pm Swim Lessons Adult Swim

4:30pm-5:40pm Swim Lessons

CLOSED

5:40pm-7:30pm Adult Swim

5:40pm-7:30pm Adult Swim

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing.