

MAIN POOL

A P R I L 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
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<p>7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>6pm-7pm Water Aerobics Participants only</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-8am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am</p> <p>10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Swim Lessons Closed</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closes @ 7pm</p>	<p>7am-8am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>8am-10am Water Aerobics 1st class: 8am-8:45am 2nd class: 9am-10am</p> <p>10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed</p> <p>6pm-7pm Swim Lessons Closed</p> <p>7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>9am-10am Water Aerobics Participants only</p> <p>9am-10am Swim Lessons Limited Features</p> <p>10:00am-4:30pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open</p> <p>4:30pm-5:30pm Swim Lessons Limited Features</p> <p>6pm-7:30pm Open Swim Lap Lanes Open Pirate Ship Closed</p>	<p>8am-9:35am Open Swim Lap Lanes Open Pirate Ship Closed</p> <p>9:40am-11am Swim Lessons</p> <p>11am-3:30pm Open Swim All Features // No Lap Lanes</p>	<p>12:00pm-3:30pm Open Swim All Features//No Lap Lanes</p>
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Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am	3:45pm
11:45am	5:45pm
1:45pm	

Pool GroupEx

Mondays -	Water Aerobics @ 6pm	with Monika [Main Pool]
Tues/Thurs -	Water Aerobics @ 8am & 9am	with Bobbi [Main Pool]
Wednesdays -	Aqua Tone @ 11am	with Monika [Therapy Pool]
	*Aqua Zumba @ 6pm	with Janessa [Therapy Pool]
	Water Aerobics @ 6pm	with Mindy [Therapy Pool]
Fridays -	Water Aerobics @ 9am	with Monika [Main Pool]

*Aqua Zumba will only be held the first Wednesday of the month.

THE THERAPY POOL

A P R I L 2 0 2 6



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-1pm Adult Swim	7am-9:45am Adult Swim	7am-10:45am Adult Swim	7am-9:45am Adult Swim	7am-4pm Adult Swim	8am-9:30am Swim Lessons CLOSED	12:00pm-3:30pm Adult Swim
1pm-2:30pm Parkview Medical Rehabilitation CLOSED	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	11am-11:45am Aqua Tone PARTICIPANTS ONLY	9:45am-11:15am Parkview Medical Rehabilitation CLOSED	4:00pm-4:30pm Swim Lessons CLOSED	9:35am-3:30pm Adult Swim	
2:30pm-4:30pm MAINTENANCE	11:15am-1pm Adult Swim	12:00pm-1pm Adult Swim	11:15am-1pm Adult Swim	4:30pm-7:30pm Adult Swim		
4:30pm-8pm Adult Swim	1pm-4:30pm MAINTENANCE	1pm-2:30pm Parkview Medical Rehabilitation CLOSED	1pm-4:30pm MAINTENANCE	5pm-7:30pm Youth Welcome AGES 8 & UNDER W/ A GUARDIAN		
	4:30pm-5:45pm Swim Lessons CLOSED	2:30pm-4:30pm MAINTENANCE	4:30pm-5:45pm Swim Lessons CLOSED			
	6pm-8pm Adult Swim	4:30pm-5:45pm Adult Swim	6pm-8pm Adult Swim			
		6pm-7pm Aqua Zumba/Water Aerobics PARTICIPANTS ONLY				
		7:00pm-8pm Adult Swim				

Safety Breaks
 *Scheduled 15-min safety breaks will occur daily.

8:45am	3:45pm
11:45am	5:45pm
1:45pm	