

MAIN POOL

AUGUST 2025



MON	TUES	WED	THUR	FRI	SAT	SUN
7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed	7am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	7am-8am Open Swim Lap Lanes Open Pirate Ship Closed	7am-7:45am Open Swim Lap Lanes Open Pirate Ship Closed	8am-10:20am Open Swim Lap Lanes Open Pirate Ship Closed	Closed
12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	8am-10am Water Fitness 1st class: 8am-8:45am 2nd class: 9am-10am	8am-8:45am Water Fitness Participants only	10:20am-11am Swim Lessons	
1pm-4:30pm MAINTENANCE	10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	1pm-4:30pm MAINTENANCE	10am-12pm Open Swim Lap Lanes Open Pirate Ship Closed	9am-10am Swim Lessons Limited Features	11am-3:30pm Open Swim All Features // No Lap Lanes	
4:30pm-5:45pm Open Swim Lap Lanes Open Pirate Ship Closed	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	4:30pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	12pm-1pm Open Swim Pirate Ship Open Lap Lanes Closed	10:00am-4pm Open Swim Lap Lanes Open (10am-11am) Pirate Ship Open		
6pm-7pm Water Fitness Participants only	1pm-4:30pm MAINTENANCE		1pm-4:30pm MAINTENANCE	4pm-5pm Open Swim Pirate Ship Closed Lap Lanes Open		
7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed	4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed		4:30pm-5:45pm Open Swim Pirate Ship Open Lap Lanes Closed	4:30pm-5:30pm Swim Lessons Limited Features		
	6pm-7pm Swim Lessons Lited Features		6pm-7pm Swim Lessons Lited Features	6pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed		
	7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed		7pm-8pm Open Swim Lap Lanes Open Pirate Ship Closed			

Safety Breaks

*Scheduled 15-min safety breaks will occur

8:45am 3:45pm
11:45am 5:45pm
1:45pm

Pool GroupEx

Mondays -	Water Fitness @ 6pm	with Monika [Main Pool]
Tues/Thurs -	Water Fitness @ 8am & 9am	with Bobbi [Main Pool]
Wednesdays -	Aqua Tone @ 11am	with Monika [Therapy Pool]
	Aqua Zumba @ 6pm	with Janessa [Therapy Pool]
Fridays -	Water Fitness @ 8am	with Monika [Main Pool]

Please note: Schedule is subject to change; YMCA Lifeguards/Staff may change the schedule dependent on facility usage and staffing. Daily scheduled safety breaks.

THERAPY POOL

AUGUST 2025



MON	TUES	WED	THUR	FRI	SAT	SUN
<p>7am-1pm Adult Swim</p> <p>1pm-2:30pm Parkview Medical Rehabilitation CLOSED</p> <p>2:30pm-4:30pm MAINTENANCE</p> <p>4:30pm-8pm Adult Swim</p>	<p>7am-9:45am Adult Swim</p> <p>9:45am-11:15am Parkview Medical Rehabilitation CLOSED</p> <p>11:15am-1pm Adult Swim</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Swim Lessons CLOSED</p> <p>6pm-8pm Adult Swim</p>	<p>7am-10:45am Adult Swim</p> <p>11am-11:45am Aqua Tone PARTICIPANTS ONLY</p> <p>12:00pm-1pm Adult Swim</p> <p>1pm-2:30pm Parkview Medical Rehabilitation CLOSED</p> <p>2:30pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Adult Swim</p> <p>6pm-7pm Aqua Zumba PARTICIPANTS ONLY</p> <p>7:00pm-8pm Adult Swim</p>	<p>7am-9:45am Adult Swim</p> <p>9:45am-11:15am Parkview Medical Rehabilitation CLOSED</p> <p>11:15am-1pm Adult Swim</p> <p>1pm-4:30pm MAINTENANCE</p> <p>4:30pm-5:45pm Swim Lessons CLOSED</p> <p>6pm-8pm Adult Swim</p>	<p>7am-8pm Adult Swim</p> <p>5pm-8pm Youth Welcome AGES 8 & UNDER W/ A GUARDIAN</p>	<p>8am-8:45am Adult Swim</p> <p>9am-10:10am Swim Lessons CLOSED</p> <p>10:15am-3:30pm Adult Swim</p>	<p>Closed</p>

Safety Breaks

*Scheduled 15-min safety breaks will occur daily.

8:45am
11:45am
1:45pm

3:45pm
5:45pm