



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# IT'S YOU AND THE POOL!

## *100 MILE SWIM CLUB*

January 1 - December 31, 2018

### **COMMIT TO 2018!**

Stay motivated all year long by joining us as we #SwimTo100! Keep track of the miles you swim and receive prizes every 25 miles!

All are welcome to participate.

### **PRIZES**

25 Miles - YMCA Swim Cap

50 Miles - Water bottle

75 Miles - Goggles

100 Miles - Club T-shirt



### **SIGN UP TODAY!**

Contact Savanna Tardif - Aquatics Director at  
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